



MINGA PERU WELCOMES YOU TO PERU!

Package 3: Lima – Tambo Minga – Cusco

Lima	2.5 days
Amazon	3 days
Cusco / Machu Picchu	4.5 days
Total days	10 days / 9 nights

Day 1: Arrival to Lima

- Participants arrive to Lima (morning)
- Check-in at [Hotel Señorial](#)
- 1:00 pm: Lunch at hotel
- 4:00 pm: Tour of Miraflores & Lima
- 6:30 pm: Dinner at hotel
- 7:30 pm: "History of Minga Peru" with Eliana Elías (Executive Director)

Day 2: Lima

- 7:30 am: Breakfast at hotel
- 8:30 am: "The Centralism and Forgetfulness of the Amazon" with Martín Zelaya
- 10:30 am: LUM (museum focusing on exploring the 1980–2000 conflict between terrorist groups & Peru's government)
- 1:30 pm: Lunch buffet [Mangos Larco Mar](#)
- 3:30 pm: Free Time
- 5:00 pm: "Cultural Diversity and Amazonian Women" with Gina Arnillas
- 7:00 pm: Dinner at hotel

Day 3: Lima/Iquitos (Amazon)

- 6:00 am: Breakfast and check-out of the hotel
- 6:30 am: Leave for the airport
- 9:45 am: Flight departs to Iquitos
- 12:00 pm: Arrival in Iquitos
- 12:45 pm: Transport to Iquitos Hotel and check-in at [Hotel Dorado Isabel- Iquitos](#)
- 1:00 pm: Lunch in Minga's office with the team
- 3:00 pm: Visit and get to know Minga Peru – Loreto
- 6:00 pm: Return to hotel
- 7:00 pm: Dinner at hotel



Day 4: Iquitos/ Nauta (Amazon)

- 7:00 am: Breakfast at hotel
- 7:45 am: Check-out of hotel
- 8:00 am: Departure by bus to Nauta
- 10:30 am: Arrival to Nauta
- 11:00 am: Purchase boots and other incidentals
- 12:30 pm: Travel by boat to Tambo Minga
- 1:00 pm: Lunch at Tambo Minga with Indigenous Promoters
- 3:00 pm: Walk around Tambo Minga and grounds
- 3:30 pm: Meet with local women and authorities
- 7:00 pm: Dinner
- 8:00 pm: Culture Night (dances of the Amazon, storytelling, music, traditions of the Amazon)
- 9:30pm: Overnight at Tambo Minga



Day 5: Nauta & Local Community / Iquitos (Amazon)

- 6:00 am: Wake up/sponge bath (there will be water in buckets and shower stalls, but no running water so guests who wish to bathe will need to do a sponge bath)
- 7:30 am: Breakfast with the Indigenous Promotoras at Tambo Minga
- 9:00 am: "Discrimination in Indigenous Education" with Professor Pascual Aquituari
- 12:00 pm: Departure by boat to visit a local community
- 1:00 pm: Arrive in local community to talk with the local women and visit their projects. Lunch in the community with the community promotora.
- 4:00 pm: Travel by boat back to Nauta, then by bus back to Iquitos
- 7:00 pm: Arrival and check-in at [Hotel Dorado Isabel](#)
- 7:30 pm: Dinner in Iquitos at [Restaurante Fitzcarraldo](#)



Day 6: Iquitos (Amazon) / Cusco

- 8:00 am: Breakfast in the hotel lounge with Peruvian Youth Health Specialist Gloria Babilonia
- 9:00 am: Check-out of hotel
- 9:30 am: Transport to the Iquitos Airport
- 12:45 pm: Flight departs to Lima
- 2:20 pm: Arrival in Lima
- 3:50 pm: Flight departs to Cusco
- 5:15pm: Arrival in Cusco
- 6:00 pm: Airport Transport to and Check-in at the [Hotel Samay](#)
 - * Lunch and Dinner on your own



Day 7: Cusco

- 8:00 am: Breakfast at hotel
- 10:00 am: Visit the office of an organization (Chico Latino) that is supported by Minga Peru – FICE
- 2:00pm: Guided Cusco City Tour and Four Inca Ruins sites (La Plaza de Armas, El Templo del Q'oricancha, Sacsayhuaman Q'enqo, Pucapucara y Tambomachay)
- 6:00pm: Night free to explore Cusco on your own
 - ** Lunch and Dinner on your own

Day 8: Sacred Valley Tour and Travel to Aguas Calientes

- 7:30 am: Breakfast at hotel and check-out
- 8:30 am: Sacred Valley guided tour to Pisac and Ollantaytambo
- 1:00 pm: Lunch buffet in Urubamba Restaurant
- 4:30 pm: Vistadome Train departs Ollantaytambo
- 8:30 pm: Train arrives in Aguas Calientes
- 8:35 pm: Transfer to hotel and check in at [Hotel Hantum Samay](#)



Day 9: Machu Picchu and return to Cusco

- 6:30 am: Breakfast at hotel and check out of hotel (store bags in hotel while visiting Machu Picchu)
- 7:30 am: Board the bus and travel up to Machu Picchu
- 8:00 am: 2 hour guided tour of Machu Picchu. After the tour, enjoy exploring Machu Picchu
- 12:00 pm: Return to Aguas Calientes
- 12:30 pm: Free time and lunch (on your own) in Aguas Calientes
- 2:30 pm: Collect luggage from the hotel and board train
- 3:30 pm: Vistadome return train to Ollantaytambo
- 7:30 pm: Arrive at Ollantaytambo
- 9:00 pm: Transport to Cusco and check-in to Hotel Samay
**Lunch and Dinner on your own



Day 10 Depart Cusco and Return to Lima

- 9:00 am: Breakfast at hotel
- 11:00 am: Check out of hotel (Guests can leave their luggage while they explore Cusco)
- 11:15 am: Explore Cusco (pick up last minute gifts and souvenirs) – lunch on your own
- 4:30 pm: Transport from hotel to airport
- 6:35 pm: Flight departs Cusco
- 8:10 pm: Flight arrives in Lima
- 8:30 pm: Lima airport waiting for return flight
**Lunch and Dinner on your own

****Please read Minga Peru's Terms and Conditions for this trip, which are expressly incorporated herein by reference.****

